



OFF THE TABLE

Food is just the beginning



**We've never been more connected.
Yet understood each other less.**

Off The Table uses shared meals and honest conversation to close the distance between people.

OTT.

A CINEMATIC DOCUSERIES

Off The Table is a premium documentary series exploring how food, language, and shared experience bridge cultural and emotional distance in an increasingly divided world.

Traveling through regions often reduced to headlines, Ricky Seaman, hyper-polyglot and international affairs expert, uses conversation and local cuisine as entry points into deeper human stories, uncovering the people, histories, and contradictions that exist beneath the surface.

Blending immersive field storytelling with reflective conversation, the series moves beyond traditional travel television, creating a cinematic exploration of connection and what it truly means to understand another culture.



SERIES FORMAT

Off The Table follows Ricky Seaman as he moves through unfamiliar regions, navigating each episode through conversation, immersion, and local access. Rather than observing from the outside, the series places viewers inside the experience through two interconnected layers of storytelling:



The Journey

Immersive, field storytelling through shared meals, bustling markets, home kitchens, and unscripted encounters



The Conversation

Back in NYC, Ricky and director Mark Dearborn unpack the experience together, confronting assumptions, ethics, and emotional truths.

THE FOUR PILLARS

Shared Language

Ricky speaks directly with people in their native language, creating intimacy, trust, and access rarely found in traditional travel storytelling.

Food as an Entry Point

Shared meals lower defenses, opening the door to honest conversation, cultural memory, and lived experience.

Reflection & Reframing

The journey is revisited through conversation, unpacking the emotional, ethical, and human complexity behind what was experienced in the field.

Cinematic Storytelling

Premium documentary filmmaking designed to place audiences inside the experience: intimate, observational, and emotionally grounded.





THE INVISIBLE TABLE OF THE AMAZON

Pilot Episode

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EPIISODE OVERVIEW

Deep in the Brazilian Amazon, Ricky journeys to the edge of territories inhabited by some of the last uncontacted peoples on Earth, searching for an answer to a haunting question:

How do we understand worlds we may never truly see?

Through Indigenous communities, remote food systems, and the movement of ingredients from rainforest villages to the kitchens of São Paulo, the episode uncovers the invisible threads connecting isolation, modernity, preservation, and human connection.

Immersive, intimate, and cinematic, the pilot establishes the emotional and visual language for the series to come.



A man with dark hair, shirtless, and wearing patterned swim trunks is sitting in a wooden canoe. He is holding a long wooden pole and looking towards the right. The canoe is on a calm river with dense green forest on both banks. The sky is overcast. The entire image is framed by a dark border with a film strip pattern of rounded rectangles.

ACT I THE EDGE OF CONTACT

At the edge of the Amazon's protected territories, Ricky meets the people working to safeguard some of the last uncontacted communities on Earth. Through shared meals and difficult conversations, the episode explores the ethical tension of protecting worlds that cannot be fully seen, reached, or understood.

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ACT II THE INVISIBLE NETWORK

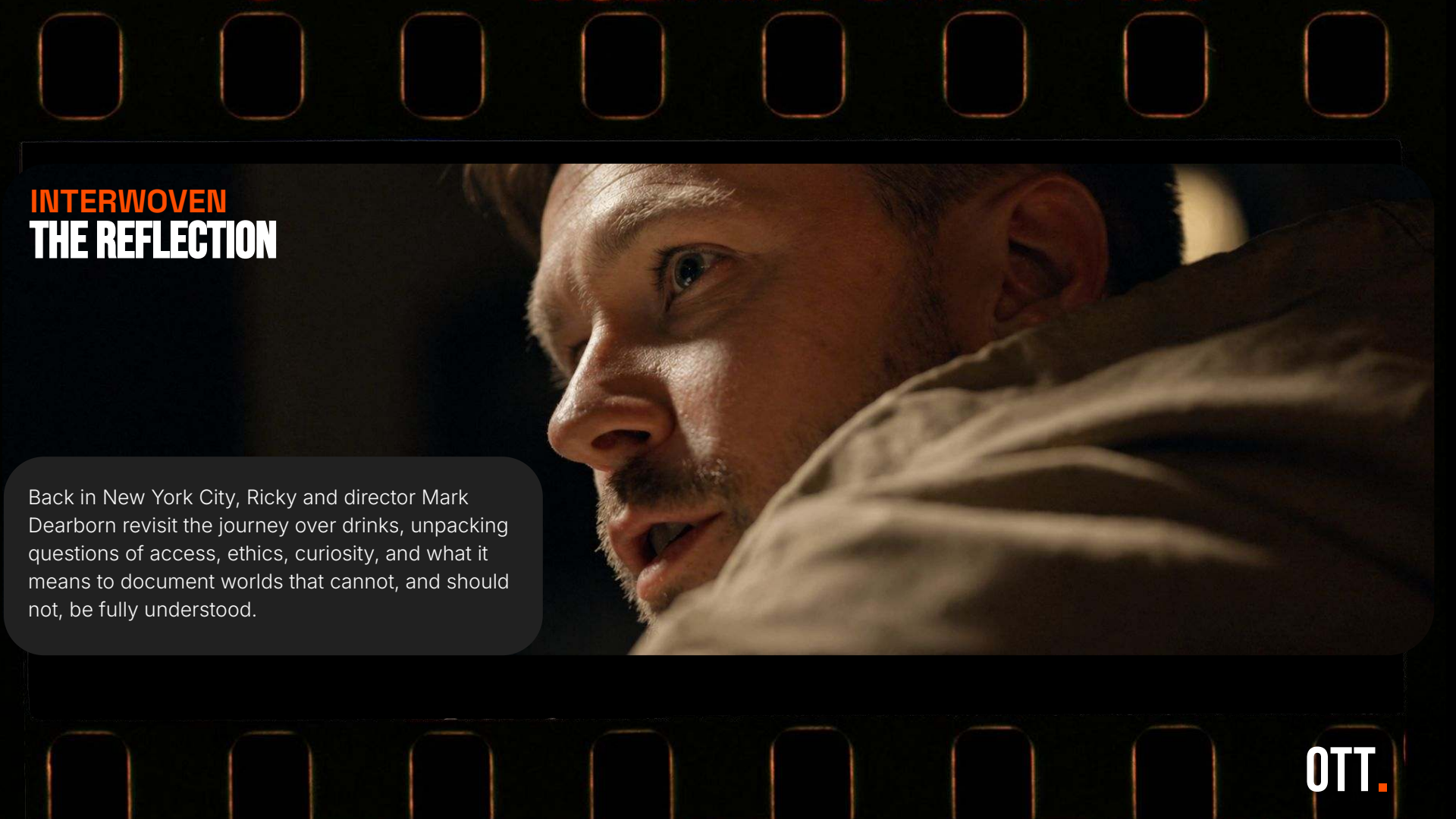
Traveling deeper into the Amazon, Ricky shares meals with Indigenous communities living near protected regions, uncovering the invisible relationships connecting neighboring worlds rarely seen together. Through food, ritual, and conversation, the episode reveals a fragile ecosystem shaped by coexistence, memory, and survival.



An aerial photograph of São Paulo, Brazil, showing a dense urban skyline in the background with numerous skyscrapers. In the foreground, there are lush green parks and a winding river. The image is framed by a film strip border with sprocket holes at the top and bottom.

ACT III THE CITY

The journey expands into São Paulo, tracing how ingredients rooted in the Amazon continue to shape modern Brazilian identity far beyond the rainforest. Through chefs, markets, and urban food culture, the episode reveals the invisible connections linking remote ecosystems to contemporary city life.



INTERWOVEN **THE REFLECTION**

Back in New York City, Ricky and director Mark Dearborn revisit the journey over drinks, unpacking questions of access, ethics, curiosity, and what it means to document worlds that cannot, and should not, be fully understood.

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VISUAL TONE

Off The Table blends cinematic documentary realism with immersive observational storytelling, using natural light, intimate framing, and layered environments to capture the emotional texture of place. Moving between sweeping landscapes and quiet human moments, the series prioritizes atmosphere over spectacle, creating a world that feels immediate, tactile, and deeply lived-in. Inspired by vérité filmmaking and premium cinematic nonfiction, the visual language places audiences inside the experience rather than observing from a distance.



THE TEAM



RICKY SEAMAN

Host & Co-Creator

Ricky Seaman is a hyper-polyglot traveler and global affairs expert who has lived in nine countries and traveled to more than 100. Using language as a tool for connection, Ricky engages directly with communities across cultural and political boundaries, creating an access rarely seen in modern travel storytelling.



MARK DEARBORN

Director & Co-Creator

Mark Dearborn is a director, producer, and writer known for nonfiction storytelling grounded in emotional realism and human connection. His work blends immersive visual storytelling with intimate observation, creating films that feel both cinematic and deeply personal.



MARCO VITALE

Director of Photography & Producer

Marco Vitale is a cinematographer whose work combines documentary realism with expressive visual experimentation. His instinct for texture, movement, and intimate human observation gives *Off The Table* a visual identity that feels immersive, immediate, and emotionally grounded.

MORE SEASON 1 EPISODES



EL SALVADOR

Ricky journeys through El Salvador to uncover the human stories behind a nation's reinvention.



PHILIPPINES

In Muslim Mindanao, Ricky unearths stories of history, conflict, and resilience through food.



CHINA

Across China's frontiers, Ricky discovers the many identities found around the table.



GREENLAND

Through Indigenous cuisine, Ricky follows the traditions sustaining life in the Arctic



SYRIA

Following Syrian cuisine, Ricky traces a global story of displacement back to its origins in Syria



NEPAL

Inspired by Nepal's celebration of dogs, Ricky explores food as a celebration of life and spirituality.

LONG TERM VISION

Off The Table is built as a global anthology documentary series, with each episode exploring a new cultural landscape through food, language, and human connection.

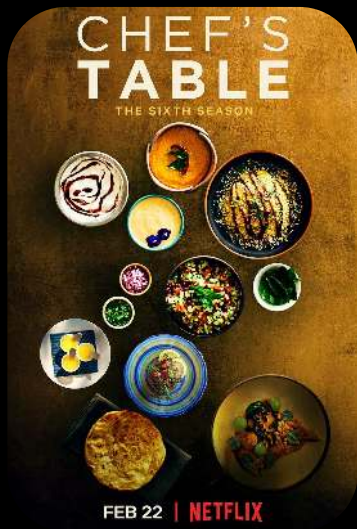
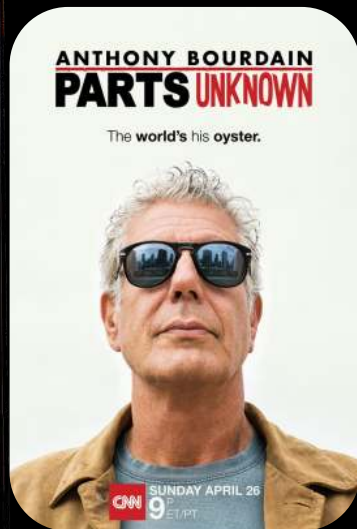
While every journey stands alone as an immersive story, the format allows the series to move fluidly across geographies, political realities, and evolving global conversations from remote Arctic communities to dense urban centers, from regions shaped by conflict to places undergoing rapid reinvention.

Future seasons continue expanding the scope of the series across new countries, cultures, and perspectives, creating an evolving portrait of an increasingly interconnected world.



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FOR AUDIENCES OF



This series combines the intimacy of food storytelling with the intellectual depth of geopolitical docuseries.

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CURRENT STATUS

Off The Table is a premium documentary series designed for global streaming platforms.

The pilot episode is scheduled to enter production in September 2026, serving as a proof of concept for the series' visual language, narrative structure, and long-form storytelling potential.

The project is seeking production, financing, and distribution partners to bring the pilot to market and expand the series globally.



A man with a beard and sunglasses is sitting on a red metal chair against a weathered, grey concrete wall with peeling paint. He is wearing a green military-style jacket over a light-colored button-down shirt, blue jeans, and brown boots. The scene is brightly lit, casting a shadow of the man and the chair onto the wall. The image is framed by a black border with a film strip pattern of orange sprocket holes.

OFF THE TABLE.

shared meals. unfiltered conversations.